2019 Novel Coronavirus Fact Sheet

What is a Coronavirus (CoV)?

⇒ A virus that causes illness ranging from the common cold to more severe diseases such as Middle East Respiratory Syndrome (MERS) and Severe Acute Respiratory Syndrome (SARS).

⇒ Coronaviruses are zoonotic, meaning they are transmitted between animals and people.

What is the COVID-19?

⇒ COVID-19 is a new infectious disease that has not been previously identified in humans and is caused by the SARS-CoV-2 virus.

⇒ COVID-19 was identified in Wuhan City, Hubei Province, China in late December 2019.

⇒ COVID-19 has since been identified outside of China, in a growing number of countries internationally, including the United States which had its first case confirmed on 1/20/20.

⇒ It is possible that more cases of COVID-19 will be identified in the future.

How is COVID-19 transmitted?

⇒ Many early patients with COVID-19 had links to a large seafood and live animal market, suggesting animal-to-person spread.

⇒ A growing number of patients reportedly have not had exposure to animal markets, suggesting limited person-to-person spread (close contact with an infected patient, for example, in a household, workplace, or health care setting) is occurring.

What are the symptoms of COVID-19?

⇒ Common signs include respiratory symptoms, fever, cough, shortness of breath, and breathing difficulties.

⇒ In more severe cases, infection can cause pneumonia, severe acute respiratory syndrome, kidney failure and even death.
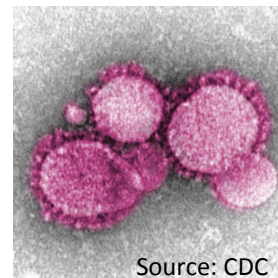
Is there a treatment for COVID-19?

⇒ NO specific treatment is available

⇒ Most people will recover on their own with rest and drinking lots of fluid

⇒ Pain and fever medication, room humidifier and/or hot showers can alleviate the symptoms

What should I do if I (or someone I know) traveled to Wuhan, China or other countries reporting COVID-19 cases?

⇒ Seek medical care right away. Before you go to the doctor's office or emergency room, call ahead and tell them about your recent travel and your symptoms.

⇒ Avoid contact with others.

⇒ Do not travel while sick.

⇒ Cover your mouth and nose with a tissue or your sleeve (not your hands) when coughing or sneezing.

⇒ Wash hands often with soap and water for at least 20 seconds. Use an alcohol based hand sanitizer if soap and water are not available.

What can I do to protect myself?

⇒ Good hand washing practices

⇒ respiratory hygiene

⇒ safe food practices, and

⇒ avoiding close contact with anyone showing symptoms of respiratory illness such as coughing and sneezing are the best ways to prevent coronavirus infection.

Source: CDC

For more information on COVID-19 go to:
https://www.cdc.gov/coronavirus/2019-ncov/index.html

https://www.who.int/emergencies/diseases/novel-coronavirus-2019/situation-reports

https://www.health.ny.gov/diseases/communicable/coronavirus/docs/faqs.pdf

**Contact the
Cattaraugus County Health Department**

716-701-3422 or 3419

Public Health
Prevent. Promote. Protect.
Cattaraugus County
Health Department